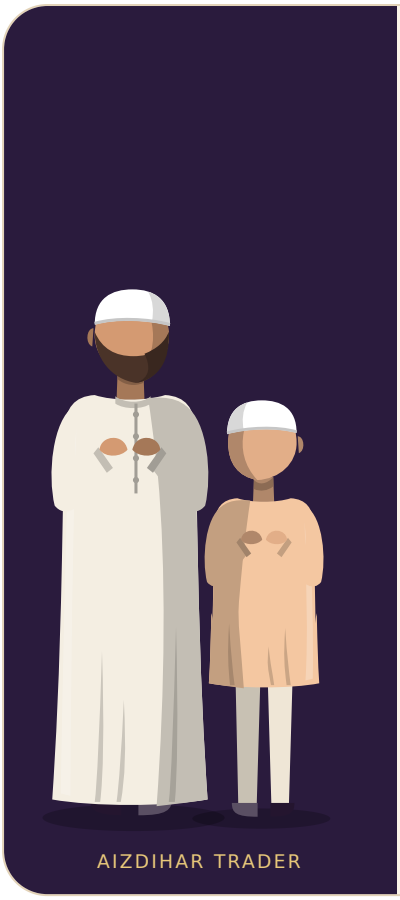

AIZDIHAR TRADER

DUA CARD 1 OF 6 · LEAVING THE HOUSE

When you leave home

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillah, tawakkaltu ʿalallah, la hawla wa la quwwata illa billah.

In the name of Allah, I place my trust in Allah. There is no might and no power except with Allah.

Sunan Abi Dawud 5095 · graded sahih by al-Albani · sunnah.com/abudawud:5095

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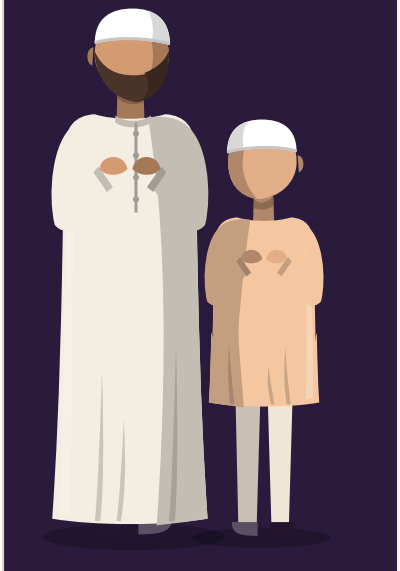
✂ cut along the line



AIZDIHAR TRADER

DUA CARD 2 OF 6 · BEFORE EATING

Before you eat

بِسْمِ اللَّهِ

Bismillah. If you forget at the start: Bismillahi fi awwalihi wa akhirih.

In the name of Allah. (If you forget: In the name of Allah, at its beginning and its end.)

Jami‘ at-Tirmidhi 1858 · graded sahih · sunnah.com/tirmidhi:1858

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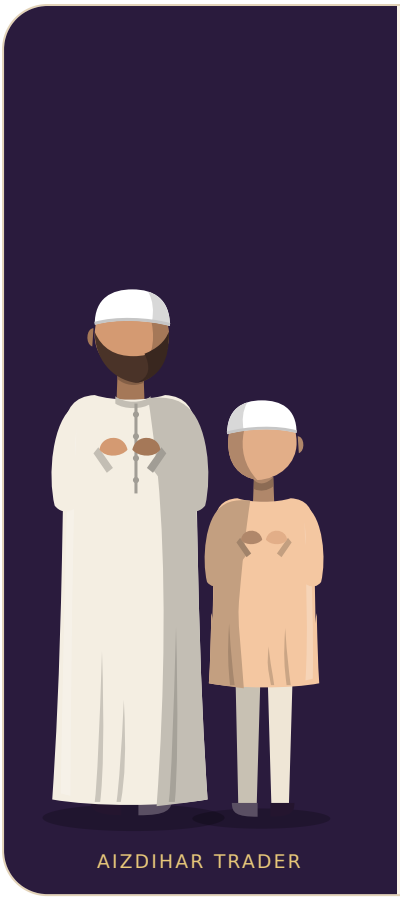

AIZDIHAR TRADER

DUA CARD 3 OF 6 · AFTER EATING

When you finish your meal

الْحَمْدُ لِلَّهِ كَثِيرًا طَيِّبًا مُبَارَكًا فِيهِ، غَيْرَ مَكْفِيٍّ وَلَا مُوَدَّعٍ وَلَا مُسْتَغْنًى عَنْهُ، رَبَّنَا

Alhamdu lillahi kathiran tayyiban mubarakan fih, ghayra makfiyyin wa la muwaddaʿin wa la mustaghnan ʿanhu, rabbana.

All praise is for Allah: much, good and blessed praise. It cannot be repaid, nor left, nor done without, our Lord.

Sahih al-Bukhari 5458 · sunnah.com/bukhari:5458

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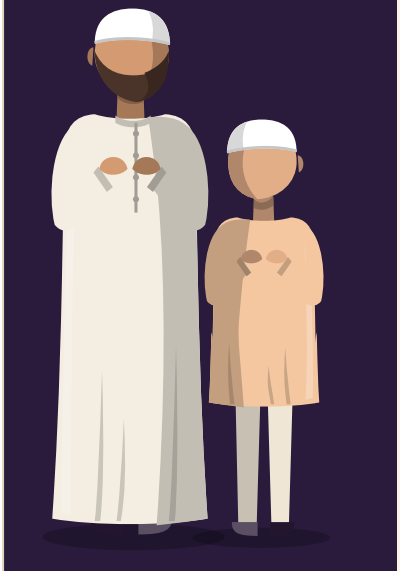
✂ cut along the line



AIZDIHAR TRADER

DUA CARD 4 OF 6 · SNEEZING

When you sneeze

الْحَمْدُ لِلَّهِ
يَرْحَمُكَ اللَّهُ
يَهْدِيكُمُ اللَّهُ وَيُصْلِحُ بَالَكُمْ

You: Alhamdulillah. They reply: Yarhamukallah. You answer: Yahdikumullahu wa yuslihu balakum.

All praise is for Allah. Reply: May Allah have mercy on you. Answer: May Allah guide you and set your affairs right.

Sahih al-Bukhari 6224 · sunnah.com/bukhari:6224

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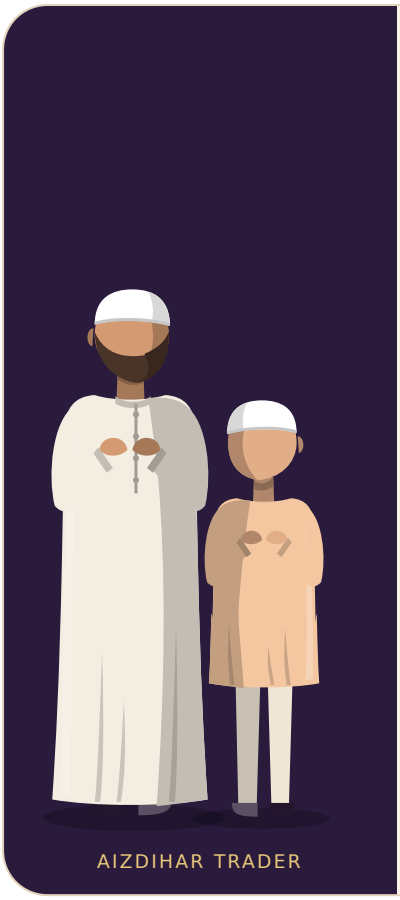

AIZDIHAR TRADER

DUA CARD 5 OF 6 · GOING TO SLEEP

Before you sleep

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

Allahumma bismika amutu wa ahya.

O Allah, in Your name I die and I live.

Sahih al-Bukhari 6314 · sunnah.com/bukhari:6314

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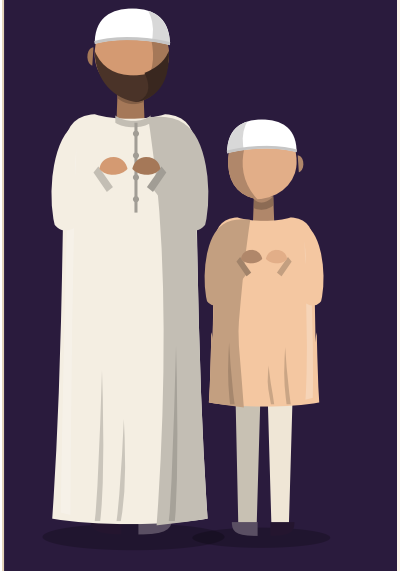
✂ cut along the line



AIZDIHAR TRADER

DUA CARD 6 OF 6 · WAKING UP

When you wake up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Alhamdu lillahil-ladhi ahyana baʿda ma amatana wa ilayhin-nushur.

All praise is for Allah, who gave us life after He had caused us to die (sleep), and to Him is the return.

Sahih al-Bukhari 6324 · sunnah.com/bukhari:6324

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